



# Volunteer Coaching Program

SFFSC prides itself on our commitment to continuing Coach education and development. Our Volunteer Coach program is an integral part of the success of our Learn To Skate USA program. We greatly value our Volunteer Coaches as they are a huge asset to making LTS a unique and wonderful experience for all skaters. At its core, this program is an educational opportunity for our skaters to explore the exciting world of coaching under the guidance of our Learn to Skate Coordinator and Senior coaching staff.

Volunteer Coaches will use their time during class to observe, demonstrate skills, and act as general support. This is a 'hands off' role, meaning that Volunteer coaches will only assist from a distance and will not actively instruct students.

As a Volunteer Coach, they will have access to all SFFSC in-house coach classroom training sessions offered throughout the year. Through our Coach education opportunities and assisting of group lessons, our Volunteer Coaches will learn:

- How to prepare lesson plans
- Testing standards
- Skill building blocks and progression
- How to complete evaluations
- Games for skill development
- Traffic patterns
- How to incorporate FUN!
- Safety guidelines

**And so much more!**

As an added bonus, all Volunteer Coaching hours will count towards their families volunteer requirement for the year! Coaches are expected to keep track of their own hours and email monthly to the LTS Coordinator.

Requirements:

- *Must be at least 11 years old*
- *SFFSC Home Club Member*
- *Parent permission*
- *Completed agreement*
- *Commit to scheduled weekly lessons.*
- *Communicate absences via email with the LTS Coordinator*
- *Skate Safe/ SafeSport is encouraged, but **not required***

To express your interest and agreement in joining the Volunteer Coach Program, email completed form to [INFO@SFFSC.COM](mailto:INFO@SFFSC.COM)

Skater Name: \_\_\_\_\_

Skater Email: \_\_\_\_\_

Highest USFS Tests: \_\_\_\_\_

Highest ISI Test Level: \_\_\_\_\_

Parent(s) Name: \_\_\_\_\_

Parent(s) Phone Number: \_\_\_\_\_

Parent(s) email: \_\_\_\_\_

Available Days (check):

- ☐ Monday
- ☐ Wednesday
- ☐ Saturday